FH Australia
VOICE FOR INHERITED HIGH CHOLESTEROL

How do I know if I have Familial Hypercholesterolaemia (FH)

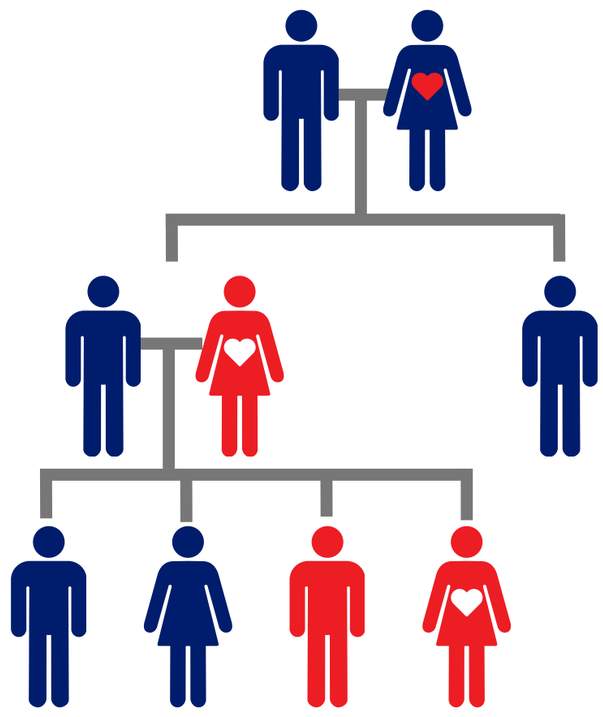
1 in 250 Australians have FH **Only 10% are aware**

Familial Hypercholesterolaemia (FH) is an inherited genetic condition that results in very high levels of dangerous LDL (bad) cholesterol circulating in the body. The condition causes the “doors” in the liver to not operate effectively to remove cholesterol.

To make an FH diagnosis, the following will be considered:

- Your cholesterol levels
- A family history of early heart disease, heart attacks or stroke
- Physical signs include cholesterol lumps on hands, knuckles, or heels, or a cholesterol ring around the iris of the eye
- A Dutch Lipid Clinic Network score
- An FH genetic test

Affected parents have a 50% chance of passing FH to their children



FH is treatable!

Ask your GP for a cholesterol panel blood test.

The earlier you are tested and start treatment, the lower your risk of developing early heart disease.

Learn More

Scan to visit the FH Australia website to **learn more about Lp(a)** and join the Friends of FHA Community.

FH Australia

Voice and support for individuals and families with FH

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